

Carers - Caring With Confidence

Jan, Feb, March 2010

JAMI Carers Service aims to keep Carers informed as to the latest training and support programmes offered specifically for Carers.

We have just received news that Caring with Confidence have just launched a programme of sessions aimed at doing just that. Over the next fifteen months they are running sessions at different venues across Barnet which will provide information, help, training and support. The sessions are completely free of charge for residents of Barnet, however they inform us that space provided Carers from other boroughs will also be able to attend free. The only criteria is that you attend the introductory session 'Finding your way' and then you are free to join in all or selected sessions.

For more information check out www.caringwithconfidence.net

Programmes of sessions from January to March are included below:



Caring with Confidence sessions January 2010

To book a session please call 020 8359 7863 or email: caringwithconfidence@barnet.gov.uk

January	Time	Venue	Session
Thursday 07/01/2010	11:00 –2:00	Rm 2, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Finding Your Way
Friday 08/01/2010	11:00 –2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring and Me
Tuesday 12/01/2010	11:00 –2:00	Meadowside, 60 Holden Road, Woodside Park, Finchley, N12 7DY	Caring and Resources
Wednesday 13/01/2010	11:00 –2:00	Rosa freedman Centre17 Claremont Way, Cricklewood, London NW2 1AJ	Finding your Way
Friday 15/01/2010	11:00- 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring and Communication
Monday 18/01/2010	11:00 - 2:00	Rm GL1, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Finding your Way
Tuesday 19/01/2010	11:00– 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Finding Your Way
Thursday 21/01/2010	11:00 –2:00	Rosa freedman Centre17 Claremont Way, Cricklewood, London NW2 1AJ	Caring and Life
Tuesday 26/01/2010	11:00 –2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Finding your Way
Wednesday 27/01/2010	11:00 – 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring and Resources
Friday 29/01/2010	11:00 - 2:00	Rm 2, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring and Coping



Caring with Confidence sessions February 2010

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February	Time	Venue	Session
Monday 01/02/10	11:00 –2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring and Me
Tuesday 02/02/10	11:00 –2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Caring and Resources
Wednesday 03/02/10	11:00-2:00	Rosa freedman Centre 17 Claremont Way, Cricklewood, London NW2 1AJ	Caring and Communication
Thursday 04/02/10	11:00 –2:00	Rm LG1, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring and Me
Friday 05/02/10	11:00 –2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Caring and Communcating
Monday 08/02/10	11:00- 2:00	Conference Rm 3, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Finding your Way
Tuesday 09/02/10	11:00 - 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring and Life
Wednesday 10/02/10	11:00– 2:00	Conference Rm 3, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring and Resources
Friday 12/02/10	11:00 –2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Finding your Way
Monday 15/02/10	11:00 – 2:00	Rm 2, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring Day to Day
Tuesday 16/02/10	11:00 - 2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Caring and Coping
Wednesday 17/02/10	11:00 – 2:00	Friend in Need, East Barnet Baptist Church, Crescent Road, East Barnet, EN4 8PS	Finding your Way

Thursday 18/02/10	11:00 – 2:00	Rosa freedman Centre 17 Claremont Way, Cricklewood, London NW2 1AJ	Caring and Resources
Friday 19/02/10	11:00 – 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring and Coping
Monday 22/02/10	11:00 – 2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Caring and Life
Tuesday 23/02/10	11:00 – 2:00	Rm 2, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Finding your Way
Wednesday 24/02/10	11:00 – 2:00	Friend in Need, East Barnet Baptist Church, Crescent Road, East Barnet, EN4 8PS	Caring and Communicating
Thursday 25/02/10	11:00 – 2:00	Rm LG1, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring and Life
Friday 26/02/10	11:00 – 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring Day to Day



Caring with Confidence sessions March 2010

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March	Time	Venue	Session
Monday 01/03/10	11:00 –2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Finding Your Way
Tuesday 02/03/10	11:00 –2:00	Rm 5, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring and Communicating
Wednesday 03/03/10	11:00 –2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring and Resources
Friday 05/03/10	11:00- 2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Caring Day to Day
Monday 08/03/10	11:00 - 2:00	Rosa freedman Centre 17 Claremont Way, Cricklewood, London NW2 1AJ	Caring and Life
Tuesday 09/03/10	11:00– 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring and Communicating
Wednesday 10/03/10	11:00 –2:00	Friend in Need, East Barnet Baptist Church, Crescent Road, East Barnet, EN4 8PS	Caring and Me
Thursday 11/03/10	11:00 –2:00	Rm LG1, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring and Coping
Friday 12/03/10	11:00 – 2:00	Rm 4, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Finding Your Way
Monday 15/03/10	11:00 - 2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Caring and Resources
Tuesday 16/03/10	11:00 - 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Finding your Way
Wednesday 17/03/10	11:00 - 2:00	Friend in Need, East Barnet	

		Baptist Church, Crescent Road, East Barnet, EN4 8PS	Caring Day to Day
Thursday 18/03/10	11:00 - 2:00	Rm 5, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring and Me
Friday 19/03/10	11:00 - 2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Caring and Communicating
Monday 22/03/10	11:00 - 2:00	Rm 6, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring and Resources
Tuesday 23/03/10	11:00 - 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring and Life
Wednesday 24/03/10	11:00 - 2:00	Rosa freedman Centre17 Claremont Way, Cricklewood, London NW2 1AJ	Caring and Coping
Thursday 25/03/10	11:00 - 2:00	Conference Rm 3, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Finding Your Way
Friday 26/03/10	11:00 - 2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Caring and Coping
Monday 29/03/10	11:00 - 2:00	Meeting Room, Advice and Information Centre, Edgware Hospital. Burnt Oak Broadway, Edgware, HA8 0AD	Caring day to Day
Tuesday 30/03/10	11:00 - 2:00	Barnet Mencap, 35 Hendon Lane, Finchley London N3 1RT	Finding your Way
Wednesday 31/03/10	11:00 - 2:00	Rm 5, Building 2. North London Business Park, Oakleigh Road South, new Southgate, N11 1NP	Caring Day to Day